

# PUMPKIN PROTEIN POWDER



Our Pumpkin Protein is sourced internationally from certified organic growers. We import dried seeds and cold press them to extract the oil and proteins. Our protein powder content is 60% with natural variations. Pumpkin protein offers health-minded consumers a nutrient dense, all natural protein source, that is hypoallergenic and digests easily.

### Quick Facts:

- Very high protein source, with 60% protein
- Nutrient rich – with antioxidants, iron, zinc, magnesium, vitamin K, and omega 3-6-9 fatty acids
- Known to contain sterols, which may help reduce level of “bad” LDL cholesterol
- Great in baking and gluten-free recipes
- Blends well in smoothies
- May help reduce blood sugar levels for those with type 2 diabetes, and may help keep your heart healthy by reducing blood pressure and increasing good cholesterol.

<b>Nutrition Facts</b>	
Serving Size 2 scoops (28g)	
Amount Per Serving	
<b>Calories</b>	<b>110</b>
% Daily Value*	
<b>Total Fat</b> 4g	<b>6%</b>
Saturated Fat 0.4g	2%
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 2mg	<b>0%</b>
<b>Carbohydrate</b> 3g	<b>2%</b>
Fibre 3g	1%
Sugars 0g	0%
<b>Protein</b> 19g	
Vitamin A	0%
Vitamin C	4%
Calcium	40%
Iron	4%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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